

2019

Erie LGBTQ+

Health Provider

Symposium

Friday, May 31, 2019

Ambassador Banquet and Conference Center

7794 Peach St. • Erie, Pa.

PRESENTED BY



Public Health

Prevent. Promote. Protect.

Erie County Department of Health
Erie County, Pennsylvania

In partnership with

UPMC | HAMOT



TransFamily of NUPA

PROGRAM OUTLINE

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|--------------------------|---|
| 7:30 to 8 a.m. | Registration/Continental Breakfast |
| 8 to 8:15 a.m. | Welcome and Introduction |
| 8:15 to 8:30 a.m. | Don't Go Breakin' My Heart: How to Avoid Negative Impressions and Ensure Positive Patient Experiences <i>Tyler Titus, LPC</i> |
| 8:30 to 9 a.m. | LGBTQ+ 101: Basics of Cultural Competency <i>Adrian Shanker</i> |
| 9 to 9:30 a.m. | Using the NWPA LGBTQ+ Health Needs Assessment to Drive Out Disparity <i>Adrian Shanker</i> |
| 9:30 to 10 a.m. | Trauma, Behavioral Health Risks, and Fostering Resilience for the LGBTQ Community <i>Mandy Fauble, PhD, LCSW</i> |
| 10 to 10:15 a.m. | Break |
| 10:15 to 10:45 a.m. | Pediatric Urology <i>Justine Marut Schober, MD</i> |
| 10:45 to 11:45 p.m. | PEP & PrEP: How to Prepare Your Patients for HIV Exposure <i>Kathleen Sheridan, DO</i> |
| 11:45 a.m. to 12:45 p.m. | Lunch |
| 12:45 to 1:15 p.m. | Let's Talk About Sex, Baby: STI Guidelines and Effective Communication <i>Kathleen Sheridan, DO</i> |
| 1:15 to 1:45 p.m. | Tobacco Cessation and Intervention Training <i>Katie Gassner, CTTS</i> |
| 1:45 to 2:45 p.m. | Basics of Psychiatric Support for the LGBTQ+ Population <i>Kristen L. Eckstrand, MD, PhD</i> |

GOAL

This symposium has been designed to provide up-to-date education to health care providers in order to improve health outcomes in the LGBTQ+ community. New recommendations and guidelines will be addressed through a series of lectures from professionals across the medical, mental health, and public health fields.

TARGET AUDIENCE

Family practice physicians, pediatricians, internists, pharmacists, nurses, advanced practice providers, school nurses, nursing students, medical residents, and medical students will benefit from attendance at this symposium.

OBJECTIVES

At the conclusion of this activity, the participant should be able to:

- Utilize a patient's personal experience with providers to reflect the importance of cultural competency in health care
 - Discuss key elements of LGBTQ+ cultural competency including terminology, verbiage, understanding gender binary mindset, discrimination, and evaluating intake forms
 - Assess current practice for cultural competency and implement practice changes
 - Review the medical needs specific to the LGBTQ+ community based on Pennsylvania state needs assessment
 - Describe suggested next steps for improving health care and reducing disparities
 - Review results of adverse childhood experience study (ACES) as it relates to behavioral health and outcomes in trauma
 - Discuss risk factors for mental health disorder and identify individuals at high risk
 - Review communication strategies to encourage individuals at risk of suicide to seek behavioral therapy
 - Discuss urologic management of newborn and youth with ambiguous genitalia
 - Discuss what PrEP is and how to incorporate this into your prescribing practice
 - Review prescribing guidelines and contraindications for PrEP
 - Review strategies to increase patient compliance with PrEP
 - Review effective communication strategies to discuss sexual activity and partner history
 - Discuss updated STI testing guidelines
 - Identify tobacco cessation resources available to community
 - Outline processes and procedures for documenting tobacco use status
 - Explore brief intervention counseling for tobacco cessation
 - Identify five mental health disparities experienced by LGBTQ individuals
 - Define affirmative therapy and articulate when, and when not, to include psychiatry in LGBTQ health care
 - Discuss LGBTQ-specific behavioral health interventions and treatments
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AMA ACCREDITATION

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA DESIGNATION

The University of Pittsburgh designates this live activity for a maximum of **5.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 0.5 continuing education units (CEUs), which are equal to 5.25 contact hours.

ANCC ACCREDITATION

UPMC Provider Unit is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC CONTACT HOURS

To receive **5.25** contact hours, the learner must attend the entire activity and complete the activity evaluation.

CANCELLATION POLICY

Tuition for cancellations postmarked or date stamped before May 17, 2019, will be completely refunded. After May 17, 2019, a \$30 administration fee will be assessed. No refunds will be made after May 31, 2019. However, substitutes are welcome. Please notify UPMC Hamot's CME Department of substitutions and cancellations, via email to ham_cme@upmc.edu or by telephone at 814-877-4011, or via USPS mail to: UPMC Hamot CME Department, 201 State St., Erie, PA 16550.

SPECIAL NEEDS

Participation by all individuals is encouraged. Advance notification of any special needs (i.e., gluten free or vegan meal, private room for nursing mothers, handicap accessibility) will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling UPMC Hamot's CME office at 814-877-4011.

QUESTIONS

If you have any questions regarding the seminar or registration, please contact the CME Office at UPMC Hamot at 814-877-4011.

DISCLOSURE

Faculty for this activity have been required to disclose all relationships with any proprietary entity producing health care goods or services, with the exemption of nonprofit or government organizations and non-health-care-related companies.

ATTIRE

Attire for the seminar is business casual. Since meeting room temperatures and personal comfort levels vary, it is recommended that you **bring a sweater or jacket to the conference.**

LOCATION

This activity is being held in the Crystal Ballroom at the Ambassador Banquet and Conference Center, behind the Courtyard by Marriott at 7794 Peach St., Erie, Pa.

COURSE DIRECTOR

Kelli DeSanctis, MD

Primary Care
Saint Vincent Hospital
Allegheny Health Network

FACULTY

Tyler Titus, LPC

Erie City School Director
Co-Chair of Pennsylvania
Commission of LGBT Affairs

Adrian Shanker

Founder and Executive Director
Bradbury-Sullivan LGBT
Community Center

Mandy Fauble, PhD, LCSW

Executive Director
Safe Harbor Behavioral Health
of UPMC Hamot

Justine Marut Schober, MD

Pediatric Urology
UPMC Hamot

Kathleen Sheridan, DO

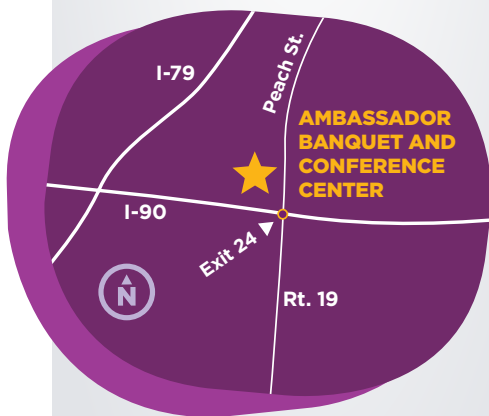
*Clinical Assistant Professor
of Medicine*
Division of Infectious Disease
UPMC

Katie Gassner, CTTs

*Certified Tobacco
Treatment Specialist*
Northwest Pennsylvania
Tobacco Control Program
Mercer County Behavioral
Health Commission

Kristen L. Eckstrand, MD, PhD

Fellow
Child & Adolescent Psychiatry
Western Psychiatric Institute
and Clinic of UPMC



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REGISTRATION

The registration fee includes the seminar, continental breakfast, refreshment breaks, and lunch. Electronic syllabus files will be available, and participants are encouraged to bring their laptops for the seminar. A link to syllabus files will be emailed to registrants prior to the conference. Please provide your email address on the registration form.

To assure participation, registration and payment are expected by **May 17, 2019**.

Online registration:

Registering online is the quickest and easiest way to reserve your space at this activity. Visit our online registration site at <https://ccehs.upmc.com>. Click the tab for Upcoming Events and scroll down to "May 31, 2019 — Erie LGBTQ+ Health Provider Symposium" link on the web page. Click the registration button and enter all the requested information. After registering, an electronic confirmation will be sent to you. Online registration is complete upon receipt of a confirmation email. If you do not receive this email within 5-7 days of registration, please contact the UPMC Hamot CME Department at 814-877-4011.

Credit card or check registration:

Name _____
Circle Title: MD DO NP RN PA Other: _____
Specialty _____
Company/Institution/Organization _____
Street Address _____
City, State, ZIP _____
Phone Number _____ Email _____

Select the appropriate options below:

PRIOR TO MAY 17

- \$120** Physicians
- \$ 75** Advanced Practice Providers
- \$ 60** Nurse/Others
- \$ 30** Residents/Students

AFTER MAY 17

- \$140** Physicians
- \$ 95** Advanced Practice Providers
- \$ 80** Nurse/Others
- \$ 50** Residents/Students

TOTAL DUE: \$ _____

Payment:

- My payment by check is enclosed.**
Return this form with payment to:
UPMC Hamot, CME Department, 201 State Street, Erie, PA 16550. *Checks should be made payable to UPMC Hamot.*
- My payment by check will be mailed separately.**
Fax this completed form to CME Department:
814-877-4010. Please include a copy of the completed registration form with the mailed payment.
- I authorize the total amount above to be charged to my credit card.**
 - Visa
 - American Express
 - MasterCard
 - DiscoverCard Number: _____
Expiration Date (Month/Year): _____
Signature: _____

- UPMC Employee Payment via Journal Entry Transfer**
If you are a UPMC employee and your department will be responsible for payment, we can charge your department directly. **DO NOT SUBMIT** a disbursement to UPMC Accounts Payable. *Complete the following:*

Business Unit

Account Number

Department ID Number

Name of Dept. Manager/Director

Authorized Dept. Signature